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"What I say unto you I say unto all, WATCH."—Jesus



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**CLOSING
CULTURE AND
LIFE-STYLE
GAPS**

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*Focused on "Closing Culture and Life-style Gaps"

Founded in 1898 by Mary Baker Eddy,
 Author of the Christian Science Textbook,
Science and Health with Key to the Scriptures



Marca Registrada

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“What I say unto you I say unto all, WATCH.” Jesus

Satisfaction

BRYAN G. POPE

“I wish I had . . . ,” “I wish I were . . . ,” “I wish I could be . . . ,” “I wish I wasn’t” We can all fill in the gaps. Most of us, in our heart of hearts, are really not very satisfied with our human selves.

The Psalmist wrote, “I shall be satisfied, when I awake, with thy likeness.”¹ What did he mean? Is one asleep to something one should be awake to? If so, how does one wake up?

If asked such a question by his friends, many a Christian Scientist would probably answer somewhat along the following lines: “Yes, that’s what my religion is doing for me—it’s waking me up. I’ve stopped wishing. Instead, I’m finding out, and making my own, many vital things having to do with a very different concept of life from that which is commonly accepted.” He might, for example, ask of his questioner: “Are you satisfied—really deeply, joyously satisfied with what life looks like to you?” Or, “Do you have questions you’ve long since ceased to ask because you never seem to get any satisfactory answers?”

Sometimes the very words "Christian Science," strange sounding as they often are at first, can for that very reason be part of someone's awakening to a new and dynamically different view of Christianity, of Jesus, and of the works he did. It is easy to accept sincerely held orthodox views of Christianity as being all there is to Christian doctrines, even if one does not subscribe to or follow them closely; at the same time one may close one's thought to the possibility that there might yet be whole areas of Christ Jesus' teaching that for centuries have been misunderstood or simply not understood.

Kettles and pots had steamed on countless fires over thousands of years before James Watt, inventor of the steam engine, discovered the power of steam through thoughtfully contemplating the jumping lid of a boiling kettle and following the line of reasoning begun by this observation. The power and its potential had always been there, but before Watt no one had recognized them.

It was in 1866 that, encouraged and inspired by a dramatic recovery, Mary Baker Eddy looked to the Bible for an explanation of how she had been healed. She discovered the demonstrable Science, based on unchanging divine law, which had supported the healing work of Jesus and his early followers. For centuries much had been written and spoken of Jesus' so-called miracles, but no one had ever before seen them in this light. As a consequence of Mrs. Eddy's discovery, which she named Christian Science, wonderful things have happened to those who have gained some understanding of this Science.

Mrs. Eddy tells us, "Being is holiness, harmony, immortality."² Isn't there a deep satisfaction in beginning and continuing to discover depth on depth of meaning in this statement? Who would not be happy, if only he knew how, to exchange unholiness, inharmony, and mortality for holiness, harmony, and immortality?

One can look at a boiling kettle and see simply escaping steam, or one can look at it and see a potential source of great power. One can also look at the apparently physical world and accept it as a temporary, accidentally produced phenomenon, doomed to eventual extinction; or one can see in the physical world a hint of underlying, spiritually mental realities, not yet fully understood. Expectantly, one can begin to look deeper for more satisfying answers.

In her *Message to The Mother Church for 1902*, Mrs. Eddy writes, "Happiness consists in being and in doing good; only what God gives, and what we give ourselves and others through His tenure, confers happiness: conscious worth satisfies the hungry heart, and nothing else can." Just a few lines earlier in the same message she had asked, "Who of the world's lovers ever found her true?"³

Yearning for material things can never permanently satisfy and very often disappoints; the material world and our part in it are themselves impermanent. But to begin to understand the infinitude of good that God, infinite Love, intelligent, creative Mind, is endlessly expressing in and to His creation will—as nothing else ever can—satisfy the innate longing of the human heart for something better than the world offers.

If we are conscious only of our material bodies, if physicality is the only sense of self we have, how can we ever be truly, permanently satisfied? We may be temporarily satisfied with our human form and human affairs, but below the surface of thought is the realization that, in the words of the Psalmist, "as for man, his days are as grass For the wind passeth over it, and it is gone."⁴ But immortal man, whom we as yet dimly discern in whatever spiritual graces we see reflected in human lives, is actually forever clothed in eternal beauty and loveliness, expressing and reflecting the glory of God—infinite, eternal Father-Mother Mind.

The real birthright of every man, woman, and child can be said to include understanding the Mind that fathered man and the universe. The religion that Mrs. Eddy founded is no invention; it is not a set of mere beliefs attributable to her. Anyone who will allow himself a modicum of hope and willingly lift his thought to contemplate new horizons can take the teachings of Christian Science and begin to prove their validity for himself. He can accept the priceless gift Mrs. Eddy has given to the world—even the way to understand God. The new student can learn how to put his hand in His, so to speak, in humility, gratitude, and abiding joy. He can walk tall in God's presence down the endless highways of eternity. No greater satisfaction can possibly exist.

¹ Ps. 17:15; ² *Science and Health with Key to the Scriptures*, p. 492; ³ '02., p. 17; ⁴ Ps. 103:15, 16.

My First Patient—Me

CORA SLAUGHTER

The importance of dealing comprehensively with our own problems before we can adequately help others is pointed out by Mrs. Eddy in *Science and Health*. She writes, "If you are yourself lost in the belief and fear of disease or sin, and if, knowing the remedy, you fail to use the energies of Mind in your own behalf, you can exercise little or no power for others' help."¹ And in *Miscellaneous Writings* she points out, "Our own vision must be clear to open the eyes of others, else the blind will lead the blind and both shall fall."²

An experienced Christian Scientist once helped me to see the value of taking sufficient time every day to gain a clear understanding of my own present, perfect, spiritual identity. I soon recognized that before I could successfully heal myself and others, I had to do this work on a regular basis.

Whether our practice of Christian Science is private or public, we each have ourselves as our first patient. As the practitioner on our own case, we need to make sure we are maintaining and protecting the spiritual sense of ourselves and our work.

When confronted courageously, persistently, and with peremptory authority, error of any kind invariably backs down and dissipates. In the clear light of consistent spiritual discernment evil loses its pretense to presence, power, or mind; it loses its claims to character, locality, cause, duration, and initiative.

I learned this when I was faced with oncoming paralysis of the lower limbs. As the symptoms worsened, I became more vigorous in denouncing and combating this senseless aspersion on my eternal well-being as God's representative, as God's evidence of His perpetual harmony and wholeness. I saw God as veritably All and myself as living proof of that allness.

My gratitude to God continued to increase. I humbly and joyfully gave thanks to Him for His allness and endeavored to surrender wholeheartedly all belief in myself as existing apart from Him, divine Principle, my only cause. I worked earnestly to see myself as inseparable from the one Life, God.

One night the pain increased markedly and, like an impending flood, threatened to take over my thought. I stood firm in my integrity as Love's well-beloved child and simply refused to yield. The pain subsided as I became more certain of my right to disclaim this evil suggestion as being any part of my Father's plan for me. I knew that evil has no place in the universe of divine Spirit. The pain left and did not return.

Though an occasional feeling of numbness lingered, one day I felt a sudden surge of deep joy. I thought, "How wonderful! What a privilege to actually have this opportunity to prove that Christian Science heals." St. Paul's words took on fresher, deeper meaning: "Therefore I take pleasure in infirmities, . . . in distresses for Christ's sake: for when I am weak, then am I strong."³ Soon the difficulty left me completely, and now I enjoy greater physical activity than at any other period in my life.

Care for ourselves involves the cherishing and nourishing of our present demonstration of man's spiritual perfection and intactness. It involves becoming convinced of man's impregnable and uninvadable identity, coming to realize our own God-established position, status, and inherent Christliness. Only materiality in subtle disguise would prevent us from doing this requisite and basically unselfish work. To neglect our duty to ourselves is to break faith with our God-derived individuality.

The aim of metaphysical work for ourselves is to understand and demonstrate what we really are—the pure, incorporeal idea of Life, Spirit; the unhampered expression of infinite Love; the joyful emanation of Soul.

Christ Jesus knew the importance of communing with the Principle of his being and works. We are told sometimes of his hours of prayer alone on a mountaintop or away from the multitudes, long before daybreak—prayer that benefited others not only in his own time but for all time to come.

Individual salvation is part and parcel of universal salvation.

Prayer for ourselves actually furthers the welfare of all mankind. Drawing on the magnificent energies of Mind, we exercise our genuine capacity for illimitable good. Putting down the personal sense of self and spiritualizing our thought, we are able to heal ourselves and support the progress of Christian Science healing in the world.

¹ *Science and Health*, p. 455; ² *Mis.*, p. 211; ³ II Cor. 12:10.

Our Interests— Do They Divide or Unite?

CAROL CHAPIN LINDSEY

Is God a mighty, arbitrary power who needs to be appeased? Do we need to bribe Him to grant us special favors? Does He recognize favorites?

Christian Science answers no to these questions.

God, almighty Truth, is infinite and infinitely just. The inexhaustible good of His giving is for all, without partiality. Christ Jesus told his disciples, "He [God] maketh his sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust."¹ True prayer takes the side of God and His reflection, man.

We have to look for and discover the way things are in the realm of Spirit. Mind, Spirit, controls the universe and every idea in it in absolute perfection and harmony. The deepest rewards come in direct proportion to our demonstration of spirituality in our prayers and our conduct.

As we look around us, however, we see citizens, governments, communities, and nations confronting the challenge of special interests. One group presses for what it believes would be to its advantage, but this action or attainment may be at the expense

of someone else or of some other group. In this way conflicts can become a widespread problem in modern political and economic life.

These conditions are nothing new—only exacerbated. This perceptive statement of Mrs. Eddy's certainly applies today: "This period is not essentially one of conscience: few feel and live now as when this nation began, and our forefathers' prayers blended with the murmuring winds of their forest home. This is a period of doubt, inquiry, speculation, selfishness; of divided interests, marvellous good, and mysterious evil. But sin can only work out its own destruction; and reform does and must push on the growth of mankind."²

To begin to heal the belief of flagrantly pursued special interests, we have to start with ourselves and ask some searching questions. Is our fellowman less deserving than we are? How can he be? Impartial Love, the one Mind, the only Father-Mother, has not created some of His children less worthy than others. We accept that falsity only in the measure we accept another—that creation is material and that evil is real. Mrs. Eddy pinpoints the challenge with, "Only by admitting evil as a reality, and entering into a state of evil thoughts, can we in belief separate one man's interests from those of the whole human family, or thus attempt to separate Life from God."³

Ask yourself: What are my priorities? Do I consistently put what I perceive to be best for all ahead of what I believe to be my personal welfare? This is a tough question, and it demands a deeply sought, honest answer.

Becoming aware of the universal welfare doesn't just happen. We may need to be educated up to it. In Christian Science we are educated up to the higher view that what is really good for us is what must be good also for all.

Because God is infinite Spirit, it follows that substance, supply, fulfillment, life itself, are spiritual. Knowing this helps us to prove it for ourselves and for all. And in the measure that spiritual abundance is demonstrated, in that measure are the possibilities for mortal conflict quenched.

When the flocks of Abraham and his nephew Lot became too

large for the available grazing lands, ill will developed between the two groups of herdsmen. But Abraham, who has been called "the Friend of God,"⁴ had a wider view. Turning to his nephew, he pleaded, "Let there be no strife, I pray thee, between me and thee, and between my herdmen and thy herdmen; for we be brethren."⁵

As a result of prayer to God, Abraham allowed Lot his choice of land. Of course he chose the best, but he ended up as a refugee from a community that was totally destroyed. Abraham's inheritance of good, and that of his direct descendants, kept on expanding.

Abraham's great-grandson, Joseph, had the opportunity of expressing universal love in return for the evil blow his brothers had dealt him when their treachery led to his being sold into slavery in Egypt. Elevated to the second most important position in the land, Joseph returned good for evil and demonstrated the higher nature we all can accept and prove.

As we begin to reach our potential in spiritual growth, we can envision ways in which to contribute to the welfare of mankind. The "gimme" attitude of immaturity can be healed, and then we are freed for giving. We give in the highest sense when our prime interest is in obeying God's commands and in expressing the qualities of meekness, teachableness, peacemaking, and so on. The demonstration of spiritual individuality acts to unself our interests, and we find our goals becoming clear. We see that what everyone really longs for is evidence of individual and universal good—with no conflict between the two. Our Leader, Mrs. Eddy, summarizes the effects of "higher humanity" in a powerful statement that can be applied on a worldwide scale: "The cement of a higher humanity will unite all interests in the one divinity."⁶

¹ Matt. 5:45; ² *Miscellaneous Writings*, p. 237; ³ *ibid.*, p. 18; ⁴ James 2:23; ⁵ Gen. 13:8; ⁶ *Science and Health*, p. 571.

ZION-PRAYER*

*Arab, Jew—
Who are you?*

Inspiration
gives us grace
to see, beyond
mere human face,

Man innocent
in Soul's embrace:
minus matter,
minus race.

Unrepressed,
his dignity;
perfect, his
integrity;

Uncensored and
beloved his name.
God's universe
he calls his home:

Mind's kingdom—clear
infinity—
without disputed
boundary,

Where no accuser
trumpets wrong,
but angels sing
a peaceful song.

Let every eye
discriminate;
accept the real,
abandon hate.

Let God's true love
define all men
at one with Him
and uncondemned.

PATRICIA R. ALLEN

*"ZION. . . inspiration; spiritual strength" (*Science and Health* by Mrs. Eddy, p. 599).

Making Obstacles Serve Our Growth

ELIZABETH E. SWEDER

All of us can learn to expect good in our lives. Ample provision, protection from harm, the healing as well as prevention of disease, are natural, and we come to expect these as we learn through Christian Science of the harmonious, spiritual nature of God and man and the universe. How grateful we are for such indications of God's love and power!

But what should our attitude be when troubles occur? Paul said, "We glory in tribulations also: knowing that tribulation worketh patience; and patience, experience; and experience, hope."¹

Merely gaining freedom from difficulties is not the primary purpose of Christian Science. Our real goal is to discover through spiritual growth our true selfhood and our eternal unity with God. Mrs. Eddy wrote in reply to Mark Twain: "We need much humility, wisdom, and love to perform the functions of foreshadowing and foretasting heaven within us. This glory is molten in the furnace of affliction."²

However severe a difficulty may seem to the physical senses, it is never really true. But general world thought accepts as true many incorrect beliefs. There are times when we seem to come under the influence of such beliefs, and then we need to pray to understand and demonstrate our freedom from them. Persistently claiming our spirituality while facing a problem helps us discover new views of our own identity and a truer sense of heaven, harmony.

Discord is always an illusion of material sense, never touching our real, spiritual identity. Whatever form a discordant condition may assume, knowing its unreality we don't need to be either impressed or frightened by it.

I recall once having a terrifying dream in which I seemed to be a bystander. In my dream I was comforted by the knowledge that I

was dreaming and would soon awake, and I was calmly waiting to do so. Of course upon awaking I realized that there was never any reality in the dream and that I was never touched by what seemed so frightening.

Healing in Christian Science can be something like this. We are completely healed when we realize that there is not and never has been any evil menacing God's child, God's spiritual idea, which in reality we are. But until we gain that realization and demonstrate it, we can calmly know it is only a dream from which we must and inevitably will awake.

If a time of trouble is prolonged, we need patiently to persist in seeing its unreality—to see that it is no part of God and therefore no part of His perfect spiritual creation. If the healing doesn't come as quickly as we'd like, we can remember that our primary goal is spiritual growth, not comfort in matter. We have eternity to work out our salvation, and in eternity time is not a factor. Even the suggestion that a disease, for instance, is taking a long time to be healed is part of the lie that man can be sick at all.

Spiritual growth toward perfection is won as we drop away false traits such as self-will, self-love, and pride. This growth and regeneration come gradually and continually as the result of the unfoldment of the Christ, Truth, in our consciousness. Mrs. Eddy writes, "Perfection, the goal of existence, is not won in a moment; and regeneration leading thereto is gradual, for it culminates in the fulfilment of this divine rule in Science: 'Be ye therefore perfect, even as your Father which is in heaven is perfect.' " ³

We are freed from these false traits and the false thinking behind them by gaining a better understanding of perfect God and our perfect likeness to Him as present and eternal reality. This understanding often comes through precious insights gained when from the standpoint of the allness of God, divine Mind, we are praying to see the nothingness of some suggestion of mortal mind. Rather than give in to fear, impatience, or discouragement during those times, we can cherish the opportunity to discover some hitherto unrealized aspect of Truth.

Speaking of the search for an understanding of the divine nature, Mrs. Eddy writes, "Every one should be encouraged not to accept any personal opinion on so great a matter, but to seek the divine

Science of this question of Truth by following upward individual convictions, undisturbed by the frightened sense of any need of attempting to solve every Life-problem in a day.”⁴

Often a difficult experience brings us the opportunity to learn some important, needed lesson and to demonstrate the spiritual facts involved. At the time of the crucifixion it would have been easier and more pleasant for Christ Jesus to have avoided that experience altogether, but he wasn’t looking for material comfort or a trouble-free human existence. His purpose was to demonstrate his unity with God, eternal Life, for himself and as an example to all humanity. If a situation seems close to overwhelming us, we can pray as Jesus did, “O my Father, if it be possible, let this cup pass from me: nevertheless not as I will, but as thou wilt.”⁵

We always have the resources of strength and patience we need to endure any difficulty. Our source of strength is God, Spirit, and therefore is unlimited. In reality man is already perfect, and proportionately as we understand this, healing comes more quickly and completely. But while troubles do last, we can always by seeing the eternal facts maintain our calm dominion and patience in face of whatever would deny these facts. Seen in its true perspective, every trouble, every difficulty, every discord, fades into the nothingness it has always been.

¹ Rom. 5:3, 4; ² *The First Church of Christ, Scientist, and Miscellany*, p. 303; ³ *Miscellaneous Writings*, p. 85; ⁴ *Unity of Good*, p. 5; ⁵ Matt. 26:39.

PRAYER ONE

Come, Spirit that changes everything,
open my eyes up:
come, Spirit that changes everything,
open my eyes.

—Needlepoint of light,
wash of everywhere light—

Spirit, open my eyes.

J. DENIS GLOVER

A Bridge of Love

WILLIAM A. BAXTER

Humanity is searching for the solution to the age-old problem of how to live together harmoniously. Nowhere is this solution more needed than in the sphere of intercultural personal relationships—where friend is trying to meet friend across a culture gap. As with any friendship or marriage, each partner in an intercultural friendship or marriage can find a strengthening of that relationship through study and practice of what Christian Science teaches about God and man.

We need to understand the universality of God's infinite, divine, spiritual nature. There can be no such thing as a "national" or "racial" God—or "your" God or "my" God. There is only one God—our Father, as Christ Jesus showed when he gave us the Lord's Prayer as an example of the way we should pray.¹ Consider, too, one sentence from the Christian Science textbook, *Science and Health*, and the help it gives us in understanding the full nature of God. Mrs. Eddy writes, "God is incorporeal, divine, supreme, infinite Mind, Spirit, Soul, Principle, Life, Truth, Love."²

To truly understand the universality of the Father-Mother God and the nature of His divine creation shows us how to surmount the barriers that racial, social, and other differences would suggest are impediments to harmonious international friendship. Christian Science clearly points out that man, whose true identity reflects God, is created in the image and likeness of this one, infinite, supreme God. Man, therefore, is spiritual, not material. All spiritual ideas exist together harmoniously. Therefore, when we strive to reach our highest sense of good by claiming our spiritual identity as sons and daughters of God, the result in our human experience is more harmony and more joyful living.

Paul, during his visit to Athens, explained to the people: "God

that made the world and all things therein, seeing that he is Lord of heaven and earth, dwelleth not in temples made with hands; neither is worshipped with men's hands, as though he needed any thing, seeing he giveth to all life, and breath, and all things; and hath made of one blood all nations of men for to dwell on all the face of the earth . . . : for in him we live, and move, and have our being." ³ How wonderful it is to bring into our individual life this understanding of the true nature of God and the brotherhood of man! None are strangers or foreigners.

An understanding of what God is helps the partners of any relationship to understand their individual, eternal relationship to God. This understanding can bring a unity of purpose, a joyful sharing of the richness of differing backgrounds, and a patient understanding of varying viewpoints. It brings an unselfed love. The bridge of love built of spiritual understanding carries thought above and beyond human concepts, and differing ideologies or philosophies then lose their power to cause dissension.

Even one partner, released from the restriction of false human beliefs, can bring fresh light to bear on a troubled marriage or friendship. He begins to glimpse the oneness of God's creation and to see himself and his partner as included in this harmonious creation. He acknowledges God as the only cause and perceives that every effect must give evidence of God's goodness.

As his study along this line progresses, clearer views of God and man emerge in his thought. False traits of character called selfishness, meanness, pettiness, frustration, or impatience disappear, for they are seen to be untrue about God's perfect children. He is able to see more of the individual, true, spiritual identity of himself and his friend. Each one, he knows, is maintained, nurtured, and loved by the divine Father-Mother.

It becomes apparent to this more spiritualized consciousness that inharmony of any kind is at base only a limiting concept imposed by false belief. This mistaken belief, this unenlightened thought, sees only its own misconceptions. It then demands that the misconceptions be dealt with as realities. To human sense inharmony does seem real, but not to the spiritualized consciousness that knows God never made it. Knowing that God never made personal friction

enables us peacefully to deny its reality and overcome it. In place of the false picture we can have a consciousness of peace and joy and completeness, expressed in happier relationships.

Mrs. Eddy writes, "Kindred tastes, motives, and aspirations are necessary to the formation of a happy and permanent companionship."⁴ A binding relationship—as in marriage—between people of widely differing ways of life is not to be entered into lightly. But if, following our best sense of right, we have taken this road, we can trustingly turn our thoughts to our infinite Father-Mother God and make the effort to cross the bridge of love He has already provided. This enables us to demonstrate harmonious being. When we have crossed to the side of divine Love, we can see that inharmony cannot exist and has never really existed. It is our divine right to express the harmony of God's creation here and now. This harmony is expressed in a continued or renewed experience of beauty, mutual understanding, creativeness, goodness, equality, gentleness, and joy.

¹ See Matt. 6:9; ² *Science and Health*, p. 465; ³ Acts 17:24–26, 28; ⁴ *Science and Health*, p. 60.

Cultural shock is a mortal belief

No Longer Strangers

DESMOND E. MAC-KWASHIE

Are you a stranger and foreigner in another country with different climate, culture, social norms, and values? Or have you just moved into a new community, or just enrolled in a big college or university? What is your feeling about the new environment? Wherever we are, it is important to know that we hold our physical environment in our thought; and the concepts we hold of it in large part determine our experience in it. How important it is, therefore, to accept

as real and true of our new country or community only those thoughts that make for a peaceful and harmonious integration.

Many of us at one time or another, for various reasons, find ourselves far away from our familiar homes and in foreign countries. Quite often when we set out on our journey, we are buoyant with expectations of great and enriching experiences, widening our horizons, making new friends, seeing historic places, or finding a new home.

But what about when things do not quite turn out as we expected—when we find we have to comply with stringent immigration laws or adjust to unhappy social or political conditions and circumstances; or when we have to settle in extreme climates? What do we do? Do we become disillusioned and regretful? Or sometimes even bitter and resentful?

We do not need to be any of these, because God is always there to be glorified. And when we lift our thoughts and view beyond the realm of matter into the glorious perception of His kingdom here and now, we see unmistakable signs of His presence everywhere.

It was characteristic of Christ Jesus that wherever he went he brought healing—to the sick, the sorrowing, the hungry, even to the dead. He challenged the material world in these words: “As long as I am in the world, I am the light of the world.”¹ As much as to say that the Christ takes no cognizance of matter and all its consequent limitations and darkness and chaos. “Ye are the light of the world,” the Master said. And, “Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.”²

When we carry this understanding and desire wherever we go, we lighten our own burdens as strangers or foreigners, and we bring joy and healing to those among whom we live. When our new country and environment seem hostile or cold, unfriendly or friendless, we can know that this is a call to deny the material basis of life and to acknowledge the government of Spirit, where “the earth is the Lord’s, and the fulness thereof; the world, and they that dwell therein.”³ This gives us the joy of knowing that no evil can come to us or to anybody. It helps us to make use of all opportunities to glorify God as our only Mind and Life. Christian Science enables us to see and enjoy only good where evil seems to be—to

prove that God prepares "a table before [us] in the presence of [our] enemies"⁴—animal magnetism and mesmerism.

From this mount of revelation and spiritual sense we can bring light to our journeys, our host country, our new community. As we spiritualize our thoughts about the political structures, social norms, and customs we come in daily contact with, our material environments respond to the influence of the Christ.

We are told by sociologists that when we move from one cultural area to another, we often experience what is called cultural shock, which can have bad consequences for us. But this is only a mortal theory, which cannot and does not touch the real man of God's creating—the real you and me. The absolute, scientific fact remains that man has never been, and never is, material or limited in any capacity. Mrs. Eddy writes of the real man as follows: "Continuing our definition of *man*, let us remember that harmonious and immortal man has existed forever, and is always beyond and above the mortal illusion of any life, substance, and intelligence as existent in matter. This statement," she continues, "is based on fact, not fable. The Science of being reveals man as perfect, even as the Father is perfect, because the Soul, or Mind, of the spiritual man is God, the divine Principle of all being, and because this real man is governed by Soul instead of sense, by the law of Spirit, not by the so-called laws of matter."⁵

This irrefutable law of Spirit—of eternal Life and Love—is the only influence on man and his environment. Understanding this, we can prove it to be the only activating and energizing force in any community and culture. Knowing this will keep us from bad experiences and conflicts of will. There is only one Mind governing all.

The joy, peace, and security we have from accepting the fatherhood of eternal Life and the consequent brotherhood of man are determined by our willingness to be always governed by spiritual sense alone. And as often as we acknowledge only the government of one Mind, we have good reason to feel and enjoy a true sense of security and belonging. Knowing the real nature of our being—as spiritual ideas—we will give and receive good wherever we are, at home or abroad. This enables us to share and prove true the promise of universal citizenship given to the Ephesians: "Now

therefore ye are no more strangers and foreigners, but fellowcitizens with the saints, and of the household of God.”⁶

At present I live in a country whose climate, culture, and traditions are very different from those of my native land. This means I have been exposed to all the various forms of difficulty any foreigner can encounter in a strange country. But my understanding and application of Christian Science have been a tremendous help to me in meeting all the problems, not the least of which is loneliness. I have been helped in overcoming this problem by Mrs. Eddy’s passage in *Science and Health*: “Would existence without personal friends be to you a blank? Then the time will come when you will be solitary, left without sympathy; but this seeming vacuum is already filled with divine Love.”⁷

Moral and social wrong may be so prevalent in a particular country or community that if we are not careful we allow our health, peace, and joy to be ruined by what the material senses suggest. Or we may be unconsciously responding to the collective wrong thinking current in a new environment. This can have the effect of various unhappy experiences, such as losing things. But we cannot lose our spiritual view and true sense of identity.

When we claim our rights as sons and daughters of divine Love, we will be “no more strangers” anywhere, and our travels and experiences will be enriched by our awakening to the variety of God-given qualities expressed in every clime and coast. This will better enable us to look for spiritual qualities that point to the unity and control of one Mind. The unhindered activity of the Christ ensures that we are attracted to, and by, those mental qualities that will bring about a beautiful and harmonious integration in the new community. When we cease to be strangers to the good qualities recognizable in every society, we will be ready citizens wherever we are.

¹ John 9:5; ² Matt. 5:14, 16; ³ Ps. 24:1; ⁴ 23:5; ⁵ *Science and Health*, p. 302; ⁶ Eph. 2:19; ⁷ *Science and Health*, p. 266.

"... one race, one realm, one power"

A Racist Christian?

HOWARD H. IRWIN

If you were asked the question "Can a true Christian be a racist?" what would you say? Yet racism continues to be a major social problem in the so-called Christian countries of the world. This is something each Christian must face up to for himself or herself. As racism is rooted out of the thought of individuals, it will be eliminated from social consciousness.

The best way to solve this problem is to turn to the teachings and example of the master Christian, Christ Jesus. He tells us and he shows us the effect of understanding God's universal love. *Universal* love means that everyone is included; not one is left out; each shares equally in God's care. One of the Master's most devoted followers, Mary Baker Eddy, says of him, "The purpose of his life-work touches universal humanity."¹

Actually, racism is just one aspect of a much broader problem: group stereotyping. Don't we stereotype not only races but also religious groups? How about age groups? Occupational groups? Whenever we think of any individual only in terms of a group he belongs to, we are thinking in terms of a stereotype.

When you get right down to it, everyone in the world is classified as belonging to several groups: a racial group, ethnic group, age group, religious group, and so on. The world in general associates certain traits, qualities, and characteristics with each group. So whenever we say someone belongs to a certain group, most of us assume that the group's traditions and attitudes will largely govern the way he or she thinks and acts. By such stereotyping we usually discount most of the evidence of individuality. This is gross malpractice. It prejudices. It consigns the individual to be the helpless victim of the mass. It blinds *us* to the individual identity of each person as in truth the child of God. It robs *us* of the privilege of

bearing witness to individual spiritual progress under the care and government of God.

Here, then, is suggested the answer for every form of group stereotyping, whether based on race, religion, age, or whatever—whether seeming to originate with us or directed at us: Strive to understand more clearly the true nature of individual man.

Christian Science declares that man's individual being is not mortal nor material but spiritual and eternal. It doesn't come from such material sense illusions as race or heredity. It is God's, divine Love's, own expression of Himself. It is not affected by what the senses present—by birth, age, or education—but manifests man's relationship to God. In Jesus' parable of the prodigal this relationship is epitomized in the father's words to his elder son, "Son, thou art ever with me, and all that I have is thine."²

Just think of the times Jesus acted contrary to accepted stereotypes, showing his discernment of individual worth based on true identity. He ate with publicans and sinners. He touched a leper. He shared his teachings with a Samaritan woman. One of his parables was about a good Samaritan. And in the Sermon on the Mount he illustrated God's universal and impartial giving by reminding his hearers that God "maketh his sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust."³

Now as Christians, as followers of the Master, we are not striving to shape all races and groups alike after a mortal model. Who would say what that model should be? No, we are striving to see each person in his true selfhood—as the individual reflection of God, Love, expressing His qualities.

As we do this work of witnessing to individual worth, to real identity, and to God's care for all His children, we can use as our theme these lines from one of Mrs. Eddy's poems:

'Tis writ on earth, on leaf and flower:

Love hath one race, one realm, one power.⁴

¹ *Miscellaneous Writings*, p. 29; ² Luke 15:31; ³ Matt. 5:45; ⁴ *Poems*, p. 22.

A Good Friendship

Elizabeth Baylog Read



All too often I would get in an argument with a certain friend, usually because we were jealous of each other. This childishness had come between us for two years. She would try to outdo everything I did. I thought she should grow up and stop being snobby to me, and she probably thought the same way about me. One night when the arguing started again, I became so frustrated and hurt that I decided this just couldn't go on any longer.

The next day I attended my Christian Science Sunday School class, and I told them about this problem with my friend. My Sunday School teacher told me I had to turn to God in prayer for the healing answer. I had to reverse, or turn about, every wrong mental suggestion.

For example, where there seemed to be inharmony, I tried to recognize God's infinite, harmonious atmosphere of good. When I was tempted to express hatred, revenge, and unfriendliness, I replaced them with the giving and sharing of true friendship, expressing God's love. Then I thought of how man reflects God's perfect qualities, such as harmony, joy, happiness, truthfulness, and loveliness, which constitute true friendship.

Mary Baker Eddy writes in *Science and Health*, "The substance, Life, intelligence, Truth, and Love, which constitute Deity, are reflected by His creation; and when we subordinate the false testimony of the corporeal senses to the facts of Science, we shall see this true likeness and reflection everywhere."¹ As this passage became clearer to me, my thought changed about my friend and I began to see God's creation. I realized I was not reflecting God if I couldn't see perfection in all His children. Evil suggestions are not from God, good; therefore they cannot be real or true.

My friend and I have become true friends because harmony has replaced false testimony, and I know God's reflection is everywhere.

¹ *Science and Health*, p. 516.

[Healing experiences in *Sentinel* articles for children as well as adults are carefully verified.]

Editorials



GEOFFREY J. BARRATT
Editor

NAOMI PRICE
Associate Editor

NATHAN A. TALBOT
Associate Editor

Closing the Gaps in Our Lives

Many people have concerns about divisions in families, gaps between cultures, walls between generations, barriers between colleagues. None of these conditions is beyond correction. Bad communications and poor mutual understanding—no matter what forms they assume—can be resolved through a deeper sense of spiritual life and being. Divine Love is the remover of communication blockages. Love, understood, can lower the walls.

Gaps emerging in families—and resulting in hostility and upsets—may stem from such things as disagreement about an individual's style of life affecting the whole group, or a son or daughter leaving home because of strained relationships between parents, or children having been brought up with too much or too little discipline. For a basic spiritual resolution, what's called for is not a marriage counselor or a child psychologist. Painful gaps can be closed through a more spiritually scientific view of the wholeness of being. In the measure that we adopt such a view, healing results.

A family member, let's suppose, has left home in unhappy circumstances. What can we do about it? We can see, for example, that neither personal presence nor personal absence, neither emotional compatibility nor incompatibility, can impinge on, or relate to, the harmony of the spiritual ideas of divine Mind. And these ideas comprise the real man. Concepts of space and separation, or of hostile alienation, can claim to operate only in mortal thought. Spiritual ideas are not exposed to so-called psychological or emotional factors. Because there is no mortal life in infinite divine Life, there is actually no alienation and no communication gap to be closed, ever.

Spirit and its perfect ideas make up the whole of reality. This reality is universal. It has no holes to be filled, no gaps to be shrunk, no changes to be made, no immaturity to grow into maturity. God's spiritual reality actually exists right now, even where there seems to be a "reality" of clashing personalities.

Christian Science insists, however, that such stupendous truths be made practical, and lived—not viewed merely as interesting abstractions or entertained spasmodically. And because these truths of God and man are universal, they are relevant across the whole board of human experience. Spiritual truths are applied through prayer. Prayer, in a high spiritual sense, means not simply asking God for help, support, and comfort. It means accepting spiritual law as the only determining factor in our lives and realizing that spiritual law is operating throughout God's spiritual creation.

Scientific truths can be applied with just as much effectiveness to alienation between races or classes as to alienation within the family. Scientific prayer brings us the deep spiritual conviction that all spiritual ideas have equal significance in the realm of divine Being. God, the only origin of man, is immortal Principle. Injustice, partiality, destructive competitiveness: such mortal concepts are totally foreign to the omnipresent kingdom of Principle.

The gaps and gulfs in human experience that separate people and bring anxiety and misery *can* be progressively closed. A most effective starting point in doing so is the realization that there is not the least space between divine Mind and man's true selfhood as Mind's idea. This truth is basic in Christian Science. And it can be applied healingly both to the domestic situation and to the wider sphere of the whole family of mankind.

People who travel widely sometimes remark that they are not so impressed by how different mankind are but how alike. When our sense of the world is leavened by Christian Science, what must impress us is the perfection, beauty, and majesty of man in the likeness of divine Love.

When leisure, business, migration, take us to other countries, a spiritually scientific approach minimizes—or helps us avoid altogether—giving or taking offense. To the extent that we develop a spiritual sense of man, our traveling or living in other countries is more enjoyable and constructive for all concerned. We should

aim to see with increasing clarity that it's not cultural differences that are of primary significance. The universality, the omnipresence, of God and His perfect man: this is the heart of the matter.

Surely a unifying, compassionate sense of man is absolutely central in the life, the teachings, the works of Christ Jesus. His certainty of the presence of God enabled him to deal with gaps set up by differences of class, religion, race, language, background. Referring to his Christly role and purpose, he said, "I, if I be lifted up from the earth, will draw all men unto me."¹ *All men!*

Mary Baker Eddy, our Leader, expressed her conviction of the wholeness of being—of the unity of God and man—in an affection that began with her whole family and embraced all mankind. The following words of hers are simple, moving, and demonstrable:

'Tis writ on earth, on leaf and flower:

Love hath one race, one realm, one power.²

Such a spiritual vision of things gives us the footing from which each of us can contribute to bridging claims of cultural or life-style gaps, beginning, if necessary, with our own family, and extending to the whole family of man.

GEOFFREY J. BARRATT

¹ John 12:32; ² *Poems*, p. 22.

Help for Innocent Victims

There is always something we can do to help others in times of trouble. This is true even in situations where onlookers feel that conditions make help impossible, or that it would be presumptuous to interfere in other people's affairs. Disasters affecting thousands; incidents of mental or physical cruelty inflicted on innocent individuals, perhaps by their relatives; the brutal treatment of animals; other forms of injustice, victimization, or vandalism arousing indignation or pity—whatever the painful circumstances are, there never can be one that puts us in the position of being unable to help. There is always something we can do. We can pray, and nothing could be more effective.

Spectators to brutality and the pain suffered by its victims some-

times say they feel such anguish that they can hardly bear it. They may describe the situation as tearing at their hearts, making them sick with frustration, anger, or revulsion. Yet the Bible promises goodness and mercy for all, and it teaches the efficacy of prayer to establish these gentle qualities of God's government on earth, and thereby heal all kinds of human difficulty.

A New Testament writer said, "The effectual fervent prayer of a righteous man availeth much."¹ He was referring to the healing not only of people who are sick but of those who have need to be healed of sin and faults of character. And Christian Science shows how even the discord of human beings' grossest inhumanity to each other can be dissolved through the loving, prayerful recognition of the true facts of being by one who has spiritual understanding of God and His perfect creation. How much better, then, to stop agonizing over the world's sufferings, and through fervent prayer help destroy the bestial characteristics of mortal mind that are apparently causing earth's people and animals to suffer.

This does not mean that—unasked—we should pray directly for the individuals involved, except in a rare case of emergency. But we can, and should, pray for the vision to see the rule of divine Principle in operation and Love's merciful qualities expressed right where cruelty seems to be. If we are faithful to God, we will not accept for a moment the suggestion that He, divine Love, is not All-in-all and supreme—that an evil spirit exists as well as the divine Spirit, and is in control of the man God made in His own likeness.

The prayer that will heal cruelty and suffering follows the pattern of the Lord's Prayer. Christ Jesus said his disciples should pray "after this manner,"² and now, centuries later, we cannot do better than follow it ourselves. Whatever the human discord may be, it will be overcome through the understanding of God's universal fatherhood, the present harmony of His universe, and the eternal and infinite operation of His divine law. From this basis we can gladly recognize God's constant care of the objects of His creation and His abundant supply of everything they require for their happiness and satisfaction. We can see all dwelling together in God's kingdom now and forever, governed by Love.

We go on to pray for God's forgiveness of our own sins through the annihilation of them as we develop in the consciousness of the

allness of His love and in the expression of the immaculate qualities of Principle that He manifests in us.

And we conclude our prayer with heartfelt gratitude to God, good, to whom belong "the kingdom, and the power, and the glory, for ever."³ As Mrs. Eddy spiritually interprets this paean of praise in *Science and Health with Key to the Scriptures*, "*For God is infinite, all-power, all Life, Truth, Love, over all, and All.*"⁴

Through prayer "after this manner" we come to see that because God, Love, is All, there can be no true evidence of anything but love. Hatred, malice, cruelty, or callousness do not exist in the spiritual universe God made. We acknowledge that His manifestation reflects His love, expresses and feels it always and in all ways. This fact, understood, abolishes in our thought the belief that there is cause for us to condemn others for lack of love. It enables us to go beyond pity for a victim to help establish harmony for all creatures—as it is established in spiritual reality. Finally, divine Principle is proved to be the only power, infinite Mind and Spirit the only substance, Love the only source of thought and action.

When we begin through prayer to acknowledge that God's qualities of goodness and mercy are being expressed in the immortal universe, and recognize that there is none else but this heavenly kingdom, we will observe more love around us, and mortals will be increasingly less prone to bully, threaten, assault, fight, and mercilessly murder each other. Innocent victims of the destructive elements of the carnal mind will be saved from suffering, and more harmony will be established on earth.

The millennial state comes gradually, but it can be hastened in proportion to the growth of our own Christly understanding of God's, Love's, allness. As we face with truth, and reverse by recognizing the presence of God, each incident of cruelty and callousness that we observe, we help not only the specific case of hardship that has driven us to pray, but all earth's population. We bring nearer the time when the Psalmist's prophecy will be fulfilled, and all earth's creatures will experience only the goodness and mercy of God's love, knowing that they dwell safely "in the house of the Lord for ever."⁵

NAOMI PRICE

¹ James 5:16; ² Matt. 6:9; ³ v. 13; ⁴ *Science and Health*, p. 17; ⁵ Ps. 23:6.

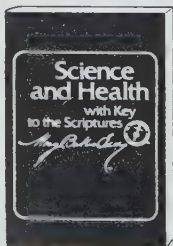
The feeling that God can heal you

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early followers. They turned to God in prayer.

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Testimonies of Christian Science Healing

Immediate relief! That is what I experienced after twelve years of suffering from a painful, unsightly skin condition on my face. I attended a Wednesday evening testimony meeting in a Church of Christ, Scientist. Inspired by what I heard, I decided to turn to Christian Science for healing. Numerous medical remedies had failed. As I took this stand for Truth and spiritual healing, the condition was alleviated at once, and complete healing came within forty-eight hours. That was twenty-four years ago.

Convinced of the power of God to meet our every need, I did not panic when, several years later, I was suddenly stricken with what is termed rheumatoid arthritis. Walking was painful and difficult. Both hands were affected, and the simplest household chore became a major challenge. A doctor friend of someone I knew said to me, "You know what you have, and you know that medicine can do nothing for you except to try to relieve the pain. If your faith can do anything for you, stick to it." I did; the complete healing took several months of consecrated prayer in Christian Science, but it came and has been permanent.

I studied the definition of "oil" in *Science and Health with Key to the Scriptures* by Mary Baker Eddy (p. 592): "Consecration; charity; gentleness; prayer; heavenly inspiration." References to "body" helped me to realize that instead of having a physical body which could be crippled and pained, my real identity was spiritual, and I was the embodiment of right ideas—a reflection of God. I

The statements made in these testimonies with regard to healings have been carefully verified. The original testimonies and their respective verifications are on file for reference with The Christian Science Publishing Society.—THE EDITORS.

had to learn that my responsibility was to respond to God, who provides all good to His idea, man. I found constant encouragement in the words of Christ Jesus (John 5:30), "I can of mine own self do nothing." I had to depend upon God for strength and help moment by moment. A passage from *Miscellaneous Writings* by Mrs. Eddy was a great inspiration. It shows the transforming power of Christian healing that restored mobility to me. It reads (p. 354): "A little more grace, a motive made pure, a few truths tenderly told, a heart softened, a character subdued, a life consecrated, would restore the right action of the mental mechanism, and make manifest the movement of body and soul in accord with God."

Complete freedom from that crippling condition was realized some thirteen years ago. My work in an outdoor museum of transport necessitates constant climbing, walking, and exposure. Daily I rejoice in the freedom of movement that comes through the study and application of Christian Science.

When our daughter was about six months old, my husband held her in a standing position in her crib, and I noticed that one foot turned outward. I called this to the attention of the practitioner whose prayerful work had supported me at the time of the child's harmonious birth. Trusting the truth of the child's perfection as a spiritual idea, knowing that "the crooked shall be made straight" (Isa. 40:4), we realized that the condition was not of God's making and, therefore, had no foundation. There seemed also to be a deformity of a bone. We were strengthened by Mrs. Eddy's clear teaching in *Science and Health*, showing that God, good, does not cause deformity (see *Science and Health*, pp. 243-244).

The child's condition was never noticed by relatives or friends. The healing came gradually, and the alarming material evidence disappeared. The child was never aware of the problem. She never claimed it for herself, and we never claimed it for her. This, I feel, was an important factor in the healing. Now in her teens, she is a skilled roller skater and has complete symmetry.

Many times I have been grateful for the dedicated prayer of Christian Science practitioners, for membership in The Mother Church and a branch church, and for class instruction. In the face of many challenges—many opportunities—I have been learning to

prove the allness of God and the nothingness of evil, and I have come to realize that God is our dearest friend and omnipresent guide.

(Mrs.) MARGARET V. HUKILL
Manchester, Missouri



At the time I first learned of Christian Science, I was working my way through college as a musician. I saw myself as a young man caught up in the moral turmoil of the Vietnam era, and I longed for a larger sense of God and to feel His presence. This I began to find through the teachings of Christian Science.

For several weeks I listened as a friend read to me from *Science and Health* by Mrs. Eddy. There were times when I argued theological points, but mostly I listened as the beauty and practicality of this book became more and more apparent. To learn of God as divine Principle and also as ever-present Love was an awakening that led to the resolution of the moral dilemmas I felt were confronting me on all sides.

One afternoon as I was setting up the equipment for our musical group in preparation for the engagement we had later in the evening, a large and heavy piece of sound equipment toppled over. The corner of this cabinet caught my foot, and the appearance of a crushed and broken toe was quite alarming and painful. I would have to be on my feet at least four hours, and at that particular moment the prospect of performing did not seem very hopeful.

I recall sitting there on the stage and thinking, "If there is *anything* to Christian Science, now is the time to find out." My alternative was to go to the university infirmary for help. Instead, I telephoned my friend and asked her to contact a Christian Science practitioner.

All that evening, although there was still pain, I was sustained, and successfully completed my work. Mrs. Eddy says (*Science and Health*, p. 152), "Truth has a healing effect, even when not fully understood." Certainly this proved to be the case, for even

though my understanding of God's law was slight, within a few weeks the healing was complete and the toe was normal.

That first healing in Christian Science occurred more than nine years ago; and soon after, another important healing followed. I had suffered with severe headaches for several years, and they were consuming two or three days of each week. Increasing dosages of medication, including prescription pain-killers, proved ineffective. But the healing influence of the Christ removed this stubborn obstacle to my freedom. After I had relinquished the medication, and some six months after I had begun to study Christian Science and attend church services, I realized one day that I had not suffered a headache in several weeks.

During those early months of study and prayer, the effect of spiritual truth had been gradually leading me to a realization of Paul's words in my own experience—putting off something of the old man and putting on the new (see Eph. 4:21–24). Gratefully, this process continues today with the help of membership in The Mother Church and a branch church, class instruction, and the ever-widening opportunities the Cause of Christian Science is providing to serve God and mankind.

Mrs. Eddy's revelation of the Science of Christ has also helped me to a greater love for Christ Jesus, a higher understanding of our Master's mission and purpose, and a fuller appreciation of what it means to follow him in the way. As Mrs. Eddy points out (*Miscellaneous Writings*, p. 206), "The real Christian Scientist is constantly accentuating harmony in word and deed, mentally and orally, perpetually repeating this diapason of heaven: 'Good is my God, and my God is good. Love is my God, and my God is Love.'"

WILLIAM E. MOODY
New Orleans, Louisiana

My husband's acceptance of Christian Science as a way of life and the details of healing are related as I remember them.

Shortly after I attended a Christian Science service for the first time, I was given the Bible and a copy of *Science and Health*, and I began to read to my husband, whom I was then dating. What I recall most vividly about that time is a soaring feeling of freedom

as the unlimited possibilities for a full and happy life dawned on me. I knew that I had found my God. No longer was He the mysterious entity He seemed to me to be when I was a child. Our little family owes its unity and purpose to Christian Science. We are grateful.

(Mrs.) JAYNE ANN MOODY



I wish to express my gratitude for the many blessings Christian Science has brought into our lives. I am especially grateful for those Christian Scientists who consistently see man as the very likeness of God; who never condemn the individual, but separate the error from him, and through pure and absolute reliance upon divine Principle, Love, heal both physically and morally.

After being healed in 1928 of a nervous breakdown and faithfully studying Christian Science twenty years, I seemed to be overcome with disappointment, fear, and doubt of my ability to understand divine Truth. I did not doubt that Christian Science was the answer to all human problems; only my ability to apply this Science or to understand it was in question.

During this period of uncertainty I was able to continue my teaching career. Promotions came to me without being sought. As counselor and dean of students, I witnessed remarkable results in the harmonious solution of difficult problems. When asked by administrators and parents how I knew what to say or do, I could only answer that the words and solutions came without human planning. Later I realized that my sincere desire to help others must have made me receptive to God's guidance, even while I was feeling personally helpless.

When, with the help of a loyal Christian Scientist, I realized my true selfhood as God's reflection, I understood, as did the children of Israel after their journey through the Red Sea, that God is always near. Man can never really be separated from his creator. During this period, with the help of this kind and understanding friend, a lawsuit was settled equitably, blessing many members of our family and all concerned.

Daily appreciation of the life of Christ Jesus, the Way-shower,

and of the pure consciousness and loving consecration of Mrs. Eddy, inspires us to strive for further development as worthy students of Christian Science.

(Mrs.) EMMA BOLLING
Houston, Texas



How grateful I am for the hymns in the *Christian Science Hymnal*. Many times healings have come to me and to members of my family as a result of our reading or singing hymns.

A few months ago I had prayed earnestly to be rid of pain. I had not spoken to anyone of my discomfort, as I wanted to prove my own ability to demonstrate Christian Science healing. When this physical problem had gone on for about a week, the telephone rang one day and a relative said she felt quite ill and wanted me to pray for her. As I hung up the receiver, these words from Hymn No. 221 came to my thought: "With joy may all obey thee/And cast out sin and pain." It was as though God were speaking to me. Realizing that I had been expressing anything but joy, I sat a few minutes reflecting gratefully on the many healings we had had through the years.

Soon the joy and confidence I felt were very strong. Then came two lines from another hymn (No. 354): "The work to be performed is ours,/The strength is all His own." When I looked up the first hymn, I found further inspiration in these words:

O God, our Father-Mother,
Thy name we see expressed
By man, who in Thy Science
Is perfect, holy, blessed.

As I sat thanking God for this angel message that was a treatment in itself—a message of the fatherhood and motherhood of God and man's perfection revealed in Science—the phone rang. The one who had called earlier now said she had been healed. And so had I! These hymns that had inspired healing were not ones that were especially familiar. This made the fact that they came to my thought very wonderful and dear to me.

I was filled with gratitude to God for Christ Jesus and for

Mrs. Eddy, and for the lovely help the hymns have been to my family. During many years we have depended completely on the understanding of God and His power, illustrated by Christ Jesus in the Bible and made demonstrable today in Christian Science and in *Science and Health* by Mrs. Eddy. I am very grateful.

(Mrs.) RUTH BARLOW SIMONS
San Bernardino, California



[Original in Spanish]

At one time my husband and I found ourselves without family, friends, home, employment, or position. We were sustained by a strong love for God and a growing confidence in Christian Science, which we had recently come to know. We accepted these words of Mrs. Eddy (*Science and Health*, p. 494): "Divine Love always has met and always will meet every human need." We were always mindful that we were a family, and we felt much love toward the child that was on its way.

At times we felt tired and burdened from our search for employment. We were reading and studying Christian Science without understanding it. Although we had had good proof of the healing efficacy of Christian Science in matters of health—for example, the excellent state of my health in pregnancy—we were less assured about finding a job. Frankly, it seemed impossible to us because of the general situation in the country, and because of our lack of practical knowledge and of some of the usual qualifications for employment. It seemed our university studies were more of an impediment than a help, for students had fallen out of favor with some people. Everyone agreed we would have to study new subjects, prepare ourselves with a course in business and typing, or learn to drive vehicles. And even this latter seemed utopian in our situation.

Then we decided to visit a Christian Science practitioner. She spoke of the spiritual qualities that our Father gives to each one of His children. Our visits were very simple; we explained very little about our anguishing situation. The practitioner helped us to study more deeply the Bible Lesson in the *Christian Science Quarterly*. She taught us to be humble; it didn't matter what work we did, we were always employed in God's service. Then, we had to be grate-

ful for what we already had. Part of Mrs. Eddy's answer to the question "What is man?" reads (*Science and Health*, p. 475), "He is the compound idea of God, including all right ideas." Lastly, it was pointed out, we had to claim our inheritance as the children of God. So we were patient and trusted in divine Love.

All these spiritual ideas the practitioner helped us understand were later demonstrated in family, prosperity, and home, our dignity as persons, harmony with respect to our relatives, and the opportunity offered my husband to work with young people in a Christian Science college organization.

Our first daughter was born with ease a few hours after my arrival at a sanatorium. My husband obtained employment without any kind of human recommendation, and his university studies were highly valued. He worked as a designer and draftsman, which utilized his experience and the training of his university studies. The acquisition of our apartment was another great blessing, in addition to the reestablishment of harmony with relatives. All were blessed, but we had to recognize that we were not dependent on anyone except God, and that He has what is right for us. I am grateful for the birth of our second daughter, which was harmonious, rapid, and filled me with joy.

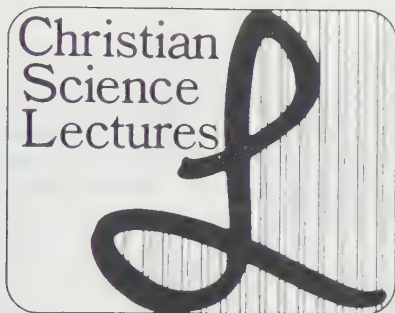
How wise Mrs. Eddy was when she left provision for practitioners in the Christian Science organization—practitioners to whom we may turn when we feel weary and heavy-laden.

My husband and I learned to be obedient to God's will, knowing we derive all ability from Him. Divine Mind creates, governs, and cares for its ideas very well. How true is Mrs. Eddy's first sentence of the Preface to *Science and Health* (p. vii), "To those leaning on the sustaining infinite, to-day is big with blessings."

(MRS.) ELISA PORLEY DE PESCE
Montevideo, Uruguay

I am in total agreement with my wife's testimony and am infinitely grateful for this marvelous Science, discovered by Mrs. Eddy, that allows each and every one of us to lift himself daily in the scale of being, free from limitations. We are grateful to be learning what it means to be the perfect children of God.

DANIEL PESCE



Everyone is cordially invited to these free lectures.

‡ Indicates Children's Room available during lectures. Details should be obtained locally.

UNITED STATES

(Week of July 10 to 16,
some earlier dates and a later date)

FLORIDA—Fort Lauderdale (First): Church, 1005 S. Federal Hwy., 8 p.m., Fri., July 8.‡ In English/Spanish. "The Power of God" (Rivas)

Fort Pierce (joint lecture): Ramada Inn, 3224 South U.S. 1, 3 p.m., Sat., July 9. "No, You're Not Trapped!" (Leever)

Jacksonville Beach: Flag Pavilion, Beach Blvd. and Second St., 8 p.m., Tues., July 12.‡ "The Power of God" (Rivas)

St. Petersburg (First): Church, 253 Fifth Ave., N., 3 p.m., Sun., July 10.‡ "No, You're Not Trapped!" (Leever)

Sarasota (First): First United Methodist Church, 104 S. Pineapple, 8 p.m., Mon., July 11.‡ "No, You're Not Trapped!" (Leever)

West Palm Beach: Church, Flagler and Okeechobee, 8 p.m., Tues., July 12.‡ "No, You're Not Trapped!" (Leever)

ILLINOIS—Dixon: Band Shell, Page and Lincoln Statue Drs., 7 p.m., Sun., July 10. "Something to Depend On" (Jenks)

Marion: Civic Center, Plaza Towers, 3 p.m., Sun., June 26. "Individualizing God's Power" (Pickett)

MINNESOTA—Minneapolis (joint lecture): I.D.S. Center Theater, Concourse Lower Level, Nicollet Mall, bet. Seventh and Eighth Sts., 12 m., Tues., July 12. "Eternity Now" (Angus)

St. Paul (First): Church, 739 Summit Ave., 7:30 p.m., Thurs., July 14.‡ "Eternity Now" (Angus)

MISSOURI—St. Louis (Sixth): Church, 3736 Natural Bridge Ave., 3 p.m., Sun., July 10.‡ "Eternity Now" (Angus)

NEBRASKA—Omaha (joint lecture): Lewis and Clark Junior High, 6901 Burt St., 3 p.m., Sat., July 16.‡ "Eternity Now" (Angus)

NEW HAMPSHIRE—North Conway: Community Center, Main St., 8 p.m., Thurs., July 14. "The Life That Is Worth Living" (Henniker-Heaton)

NEW JERSEY—East Rutherford (Bergen County Churches) (joint lecture): Becton Regional High School, Cornelia and Paterson Ave. (one block west of Rte. 17), 3 p.m., Sun., July 10.‡ "The Life That Is Worth Living" (Henniker-Heaton)

NORTH CAROLINA—Black Mountain: Highland Farms, Tabernacle Rd., 8 p.m., Fri., July 15. "No, You're Not Trapped!" (Leever)

Franklin: First United Methodist Church, Harrison Ave. and Church St., 3 p.m., Sun., July 17.‡ "No, You're Not Trapped!" (Leever)

[These lectures are given by members of the Board of Lectureship of The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, U.S.A.]

RAMSAY BOOK IN PAPERBACK

The perennial favorite, *Christian Science and Its Discoverer* by E. Mary Ramsay, is now available in an English paperback edition. This brief record of the life and work of Mary Baker Eddy, with its simple statements of the teachings of Christian Science, has always been an effective way to share Christian Science with the newcomer. Now, in this economical edition, it can be used even more widely.

Has someone asked you recently about Mrs. Eddy and Christian Science? This appealing paperback could be most helpful.

You can buy it for \$2.50 from most Christian Science Reading Rooms, or order directly from The Christian Science Publishing Society, One Norway Street, Boston, MA, U.S.A. 02115.

“RETIRE TO WHAT?”— A NEW LEAFLET

“Retire to What?” is the second in a series of leaflets printed in extra-large type for the convenience of those who find this format easier to read.

Reprinted from *The Christian Science Monitor*, the article makes a clear distinction between one’s “job” and one’s “work,” showing that while a job can end, the joyous work of expressing the qualities of God never ends. In fact, when a “job” is finished, one may well be freer to continue his or her “work.” New opportunities are almost always at hand, because God provides both place and purpose for every one of His children.

Do you know someone who is planning to retire? Are you? This inspiring leaflet could bring a fresh perspective to this important step. It may be purchased from most Christian Science Reading Rooms for 10 cents, or ordered directly from The Christian Science Publishing Society, One Norway Street, Boston, MA, U.S.A. 02115.

CHRISTIAN SCIENCE PRACTITIONERS

Public practitioners of Christian Science are available and ready to assist you by prayer, if you need their help. A worldwide list of those who are professionally engaged full time in this healing work can be found in *The Christian Science Journal*. This periodical is obtainable at any Christian Science Reading Room. For a Reading Room in your locality see telephone directory.

THE JOY OF BELONGING TO THE MOTHER CHURCH

The sense of wholeness that comes from an honest commitment to the things you believe in—this is one of the joys of belonging to The Mother Church.

You are warmly invited to apply for membership at any time. Applications are acted on twice each year—in June (applications due by May 1) and in November (applications due by October 1).

You may obtain an application from any Christian Science Reading Room, branch church or society, from a member of The Mother Church, or from a Christian Science practitioner listed in *The Christian Science Journal*. Or you may write directly to the Clerk of The Mother Church, The First Church of Christ, Scientist, Christian Science Center, Boston, MA, U.S.A. 02115.

VISITORS WELCOME

FORMER HOMES OF MARY BAKER EDDY

1908–1910 *Chestnut Hill, Massachusetts*—400 Beacon Street. An exhibit traces Mrs. Eddy's role as Founder and Leader of our movement—preaching, teaching, writing, and commenting on issues still current.

Visiting Hours

May 1–October 31: 10 to 5 weekdays (including Saturdays);
2 to 5 Sundays

November 1–April 30: 10 to 4 Saturdays only; 2 to 5 Sundays

Closed all holidays except Memorial Day (last Monday in May) and
Bunker Hill Day (June 17)

1875–1882 *Lynn, Massachusetts*—12 Broad Street, where Mrs. Eddy completed her manuscript for *Science and Health with Key to the Scriptures*. It was while living here that Mrs. Eddy initiated many foundational steps in establishing the Christian Science movement. These include the formation of the Christian Scientist Association; the Church of Christ, Scientist; the Massachusetts Metaphysical College. Here also Mrs. Eddy was ordained as Pastor of her Church.

Visiting Hours

May 1–October 31: 10 to 5 weekdays (including Saturdays);
2 to 5 Sundays

November 1–April 30: 10 to 4 Saturdays only; 2 to 5 Sundays

Closed all holidays except Memorial Day (last Monday in May)
and Bunker Hill Day (June 17)

TESTIMONY MEETINGS

Meetings at which testimonies of Christian Science healing are given are held in Christian Science churches on Wednesdays. A cordial invitation to attend these meetings, as well as the Sunday services, is extended to all. Information telling where and when these are held is given in the Directory in *The Christian Science Journal*.

LECTURE NOTICE

Detailed information regarding lectures in the United States and Canada must reach the Journal, Sentinel, and Herald Editorial Department *nine weeks* before the week in which the lecture is to be given in order to ensure publication in the *Sentinel*. Information regarding lectures in other countries must reach the department *ten to fourteen weeks* before the week of the lecture. When lectures are to be radiocast, it should be so stated, station and frequency being included. When Children's Room facilities are to be available, this also should be stated.

The receipt of all information from the United States and Canada is acknowledged by the Editorial Department. If an acknowledgment is not received within two weeks, a duplicate notice should be forwarded.

For lecture announcements to be published in the *Herald*, please refer to information on the back of the Lecture Information forms supplied to branch churches.

This will bring you the Sentinel each week.

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If you're interested and are a Mother Church member, write to either of the following:

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Christian Science Center, Boston, MA, U.S.A. 02115

Department of Care, Committee for Europe
Hawthorne House, 9 Lower Terrace
Hampstead Heath
LONDON, ENGLAND NW3 6RN

Financial-aid information available.



How much we need to love

Belonging to any organization brings out the need to work together. It takes the spirit of love. It takes faithful persistence and dedication and it's especially called for in church work. For the mission of church is love and healing.

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You can obtain these *Seven Messages to The Mother Church* in paperback for \$2.00 at any Christian Science Reading Room. Or directly from:

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